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ABSTRACT

This annotated bibliography from the Materials Review and Evaluation Services lists reviewed and evaluated instructional media appropriate for school media centers in the areas of health, safety, and physical education. Educators should bear in mind that materials included in this list were selected from those which publishers chose to submit for evaluation and may assume that materials for purchase not appearing on the list either were not submitted for evaluation or received unfavorable reviews. At the end of this bibliography may be found an unannotated list of materials which have had favorable reviews in reliable reviewing sources. Items are listed by type of media--books, 16mm films, filmstrips with cassette tapes, kits, and slide sets; each entry includes author, title, publisher or producer, date of production, cost, and grade level. (Author/RAO)

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U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
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ADVISORY LIST OF INSTRUCTIONAL MEDIA

FOR

HEALTH, SAFETY, AND PHYSICAL EDUCATION

North Carolina State Department of Public Instruction
Division of Educational Media
Raleigh, North Carolina
Fall 1978

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Materials Review and Evaluation Services
Division of Educational Media
State Department of Public Instruction

Raleigh, North Carolina
Fall 1978

ADVISORY LIST OF INSTRUCTIONAL MEDIA

FOR

HEALTH, SAFETY, AND PHYSICAL EDUCATION

This bibliography includes instructional media appropriate to the Health, Safety, and Physical Education program in the schools. The items are listed by type of media. The order of the listing is as follows:

activity cards
art prints
books
books (for teacher use)
books (reference)
books (supplementary texts)
books with recordings
books (workbooks)
calendars
charts
dictionaries
duplicating masters
film loops (silent)
film loops (sound)
films (16mm)
filmstrips (silent)
filmstrips (sound)
games
globes
kits
manipulative devices
maps
measuring tapes
microforms
mini-units
models
periodicals
pictures
posters
programmed materials
puzzles
realia
recordings (cassette tapes)
recordings (disc)
recordings (reel-to-reel tapes)
reprints
shortstrips
slide sets (2" x 2")
slide sets (sound)
study prints
tests
transparencies
videotapes

The absence from this list of a given type of media indicates that no media of that type were reviewed or that none were deemed worthy of being called to the attention of schools. The name of a school administrative unit appearing after an annotation indicates that educators in that school system reviewed the item annotated and submitted the information for inclusion on the ADVISORY LISTS. Occasionally such items may not appear on display at the Materials Review and Evaluation Center in Raleigh. Educators should bear in mind that materials included on this list were selected from those which publishers chose to submit for evaluation and may assume that materials available for purchase not appearing on the list either were not submitted for evaluation or received unfavorable reviews. Information about negative reviews, which do not appear on this bibliography, can be obtained by writing or calling the Materials Review and Evaluation Center. At the end of the annotated list of books may be found an unannotated list of books which have had favorable reviews in reliable reviewing sources.

In some cases prices were not available. Prices shown are those quoted by publishers and producers. Prices quoted do not include postage and are subject to change.

All items included on this bibliography except 16mm films and some items suggested for inclusion by local schools administrative units are displayed in the Materials Review and Evaluation Center in Raleigh. Information may be obtained by calling (919) 733-3929.

PLEASE DO NOT ORDER ITEMS ON THIS LIST FROM THE MATERIALS REVIEW AND EVALUATION CENTER OR FROM THE DIVISION OF TEXTBOOKS. Sources of the items are listed on the DIRECTORY OF PUBLISHERS AND PRODUCERS FOR THE FALL 1978 ADVISORY LISTS OF INSTRUCTIONAL MEDIA, a separate publication accompanying the complete set of ADVISORY LISTS OF INSTRUCTIONAL MEDIA. An abbreviated or code name for the publisher/producer appearing in the bibliographic entry on this list appears in the DIRECTORY, where the complete address follows the code name.

Schools may use this list to aid in selection of materials but are in no way restricted to purchasing items on this list.

BOOKS

Armstrong, Robert. THE CENTERS. Described on Biography Advisory List

Ashe, Arthur, with Louie Robinson. GETTING STARTED IN TENNIS. Atheneum, 1977. 102 p. $6.95. Grades 4-12

Provides young players just beginning the game with clear, concise instructions about rules, etiquette, and action of tennis; photographs reinforce explanations; quizzes concluding each section emphasize important points; helpful glossary acquaints novices with tennis terminology; good purchase for beginners of all ages

Belsky, Dick. TOM SEAVER: BASEBALL'S SUPERSTAR. Described on Biography Advisory List

Bortstein, Larry. AFTER OLYMPIC GLORY: THE LIVES OF TEN OUTSTANDING MEDALISTS. Described on Biography Advisory List

Brandt, Keith. PETE ROSE: "MR. 300." Putnam, 1977. 123 p. $5.29. Grades 4-9

Described on September 1977 Biography Advisory List

Brondfield, Jerry. ROBERTS CLEMENTE: PRIDE OF THE PIRATES. Described on Biography Advisory List

Burchard, Marshall. SPORTS HERO: FRAN TARKENTON. Described on Biography Advisory List

Butler, Hal. BASEBALL'S MOST VALUABLE PLAYERS. Described on Biography Advisory List

Butterworth, William. AN ALBUM OF AUTOMOBILE RACING. Watts, 1977. 96 p. $5.90. Grades 4-12

Brief history of auto racing covering development of fast cars and growth of racetracks like Indianapolis Speedway and Daytona Beach; touches on other types of racing--drag, off-road, European; discusses outstanding racing personalities--e.g., William Vanderbilt, Ransom E. Olds, Henry Ford, Chevrolet brothers, Stanley brothers, J. Walter Christie, Eddie Rickenbacker, Richard Petty, "Tigress of Turin" Lella Lombardi, and Alice Ramsey, who in 1909 became first woman to drive across the continent; reluctant readers will relish the 90 or so photographs; binding will probably not stand up to frequent use; good browsing book for sports shelf with high-interest appeal; bibliography and index

Collins, David R. FOOTBALL RUNNING BACKS: THREE GROUND GAINERS. Described on Biography Advisory List

Curtis, Robert H. QUESTIONS AND ANSWERS ABOUT ALCOHOLISM. Prentice, 1976. 95 p. $5.95. Grades 6-12

Question/answer format dealing with major facts of alcoholism; up-to-date information compiled by a medical doctor from interviews with other doctors, social workers, organizations, alcoholics themselves, their families; easy-to-read, direct style and attractive format featuring large, varigated type, generous margins, spacing; index; will appeal to young people, including reluctant readers

Devaney, John. THE PICTURE STORY OF TERRY BRADSHAW. Described on Biography Advisory List

Devaney, John. TINY! THE STORY OF NATE ARCHIBALD. Described on Biography Advisory List

Disney, Walt. WALT DISNEY'S HAPPY, HEALTHY POOH BOOK. Golden, 1977. unp. $5.08. Grades K-1

What do you eat and how much? Do you brush your teeth and take a bath? When you play with friends, are you a good sport? Do you get lots of exercise? Winnie and his friends talk about being healthy and how to stay that way; colorful drawings on every page; easy to read; familiar character adds to punch; fulfills a need in K-1 grades inexpensively, attractively

Dolan, Edward F., Jr., and Richard B. Lyttle. ARCHIE GRIFFIN. Described on Biography Advisory List

Dolan, Edward F., Jr., and Richard B. Lyttle. BOBBY CLARKE. Described on Biography Advisory List

Dolan, Edward F., Jr., and Richard B. Lyttle. FRED LYNN: THE HERO FROM BOSTON. Described on Biography Advisory List

Dolan, Edward F., Jr., and Richard B. Lyttle. JANET GUTHRIE: FIRST WOMAN DRIVER AT INDIANAPOLIS. Described on Biography Advisory List

Dolan, Edward F., Jr., and Richard B. Lyttle. MARTINA NAVRATILOVA. Described on Biography Advisory List

Dolan, Edward F., Jr., and Richard B. Lyttle. SCOTT MAY: BASKETBALL CHAMPION. Described on Biography Advisory List

Donner, Michael. BIKE, SKATE, AND SKATEBOARD GAMES. Golden, 1977. 48 p. $4.95. Grades 4-9

Offers instructions for numerous lively games on bikes or skates and outlines steps to becoming expert skateboarder; emphasizes safety precautions (though the skateboard section defeats itself with illustrations contrary to safety measures concerning clothing); clearly written text; numerous helpful, multi-colored diagrams; also helpful for adult recreation leaders

Edwards, Audrey, with Gary Wohl. MUHAMMED ALI: THE PEOPLE'S CHAMP. Described on Biography Advisory List

Evans, Roberta. ALCOHOL AND ALCOHOLISM. Watts, 1976. 60 p. $3.90. Grades 4-7

Interesting, informative account of alcohol tracing its beginnings to prehistoric times, discussing various kinds of alcohol, methods of distilling, effects on the body's systems; dispels several myths about drinking; presents facts about alcoholism in a straight-forward manner without preaching; author's opinion that moderate drinking is harmless might disturb some teachers and parents; good introduction for young children in a guided discussion for the sake of clarifying and enlarging--e.g., when is drinking moderate? Attractive format with large print, generous spacing, headings, some cartoon illustrations; includes questions/answer section about alcohol and index

Explorers Ltd., comp. Alwyn T. Perrin, ed. THE EXPLORERS LTD. SOURCE BOOK. 2nd ed. 413 p. $7.95 paper. Grades 7-12

Introduction to many types of outdoor adventures listing sources of information for planning them, describing specific activities, necessary equipment, clothing; covers variety of interests--backpacking, climbing, river touring, fishing, diving, boating, hang gliding, treasure hunting, many more; helpful maps, charts, photographs, index; excellent resource for outdoor people

Fabian, John. Edited by Pete Cornacchia. FISHING FOR BEGINNERS. Atheneum, 1978. 177 p. $6.95. Grades 11-12

Photographs, drawings, and diagrams enhance this complete guide to freshwater fishing (also selections on saltwater fishing); comprehensive discussion of the sport covers topics such as choosing tackle and methods for catching different kinds of fish; interesting and informative leisure reading; also provides practice in following directions in area of high interest for limited number of students

Felsen, Henry Gregor. CAN YOU DO IT UNTIL YOU NEED GLASSES? THE DIFFERENT DRUG BOOK. Dodd, 1977. 130 p. $5.95. Grades 6-9

Refreshing, non-moralizing approach written very personally to each reader as an individual with unique experiences, responses, reactions--physical, psychological, emotional· short chapters, each objectively developing one broad concept--e.g., predictability of drug effects, reasons for using dope, taking risks, pressures, self-knowledge, many more; conversational style and sometimes humorous examples seek to gain, hold reader's interest and confidence long enough to produce some honest introspection

Hano, Arnold. MUHAMMAD ALI: THE CHAMPION. Described on Biography Advisory List

Hassin, Vijay. THE MODERN YOGA HANDBOOK: A COMPLETE GUIDE TO MAKING THE SPIRITUAL AND PHYSICAL DISCIPLINES OF YOGA WORK IN YOUR LIFE. Dolphin, 1978. 311 p. $4.95 paper. Grades 10-12

A how-to-become-a-Yoga mentally, spiritually, physically, without proselyting, in a text which explains many facets of Yoga in easy-to-read, conversational style; warns readers of pitfalls and provides helpful hints to arrive at one's inner light; the variety of Yoga disciplines cries out for a diagram to illustrate relationships among them, but for the novice explanations could not be better; contents complete with subtopics under each chapter title and a glossary of common Sanskrit terms compensate for lack of an index

Herkin, Harmon. THE COMPLETE FISHERMAN'S CATALOG. Lippincott, 1977. 463 p. $14.95. $7.95 paper. Grades 7-12

Very thorough guide to the sport and pastime of fishing in prolifically illustrated paperback (looks almost like a catalogue) covering fly fishing tackle, tackle for spinning, baitcasting, trolling, related techniques, and services and accessories; excellent assistance for students and teachers interested in subject; small print and wealth of information restrict book to the real fishing enthusiast; weak binding

Jenner, Bruce, and Phillip Finch. DECATHLON CHALLENGE: BRUCE JENNER'S STORY. Described on Biography Advisory List

Keeley, Steve. THE COMPLETE BOOK OF RACQUETBALL. Follett, 1976. 288 p. $5.30 paper. Grades 9-12

Thorough how-to on techniques and skills of increasingly popular sport in fully illustrated, well-written guide; shot-by-shot instruction; information on equipment; complete rules of the game; over 300 photos and diagrams; weak paperback binding only deficiency

Keith, Harold. SPORTS AND GAMES. 6th ed., rev. Crowell, 1976. 313 p. $9.95. Grades 7-12

Pleasant, conversational style brightened by interesting anecdotes from history of each game distinguish a text recapping origin of baseball, basketball, football, golf, swimming, tennis, other popular and not so popular sports and games, followed by explicit techniques for playing each sport, up-to-date rules, tips for improvement; a few diagrams are only illustrations in a book with much narrative; for sports enthusiasts who read well

Klein, Dave. ON THE WAY UP: WHAT IT'S LIKE IN THE MINOR LEAGUES. Described on Biography Advisory List

Klobuchar, Jim, and Fran Tarkenton. TARKENTON. Described on Biography Advisory List

Learn, C. R., and Mike O'Neal. BACKPACKER'S DIGEST. 2nd ed. Follett, 1976. 288 p. $5.30 paper. Grades 7-12

Fully illustrated in black-and-white photos, this handbook to backpacking covers all aspects in practical hints on proper gear and apparel, basics of map reading and compass use, selection and preparation of food on the trail, dealing with emergencies, and a delightful chapter call "Thrall of the Wild" on how to court the favor of wild animals who may appear; good information also on national forests and other areas attractive to backpackers; chatty, interesting narrative; good close-up photography; drawbacks are small print, poor paperback binding

Libby, Bill. FRED LYNN: YOUNG STAR. Described on Biography Advisory List

Lieb, Fred. BASEBALL AS I HAVE KNOWN IT. Described on Biography Advisory List

Lipman, David and Marilyn. JIM HART: UNDERRATED QUARTERBACK. Described on Biography Advisory List

Lombardy, William, and Bette Marshall. CHESS FOR CHILDREN STEP BY STEP: A NEW, EASY WAY TO LEARN THE GAME. Little, 1977. 108 p. $8.95. Grades 3-12

Basic chess instructions based on mini-games in which individual pieces are recognized, their movements mastered, their full potential realized; clear directions lead the learner from one skill to another; numerous black-and-white illustrations highlighted in red reinforce instructions; large, clear, dark print spaced well on pages for additional clarity; helpful index of terms; beginners of all ages will appreciate this approach

May, Julian. THE OAKLAND RAIDERS. Childrens, 1977. 46 p. $4.95. Grades 4-9

Fast reading, prolifically illustrated history of Oakland Raiders football team; large print; action-packed black-and-white photos; purchase if interest in Raiders justifies

Michener, Leslie, and Gerald Donaldson. THE EXERCISE BOOK. Holt, 1978. 48 p. $8.95 paper. Grades 7-12

Contains instructions and photographs illustrating ways to perform 48 exercise movements designed to increase overall physical fitness; additional 4 movements for relaxation are spaced throughout others for improving muscle tone; large, full-page color photos of instructor in various positions are accompanied by small black-and-white photos of all positions to complete the exercise sequence; could appeal to the non-jogger (if there are any); for classes in physical education; oversized format; compare needs to cost

Mintz, Thomas, M.D., and Lorelie Miller Mintz. THRESHOLD: STRAIGHTFORWARD ANSWERS TO TEENAGERS' QUESTIONS ABOUT SEX. Walker, 1978. 120 p. $7.95. Grades 7-12

Frank answers to factual questions about sex, aimed at alleviating adolescents' fears and dispelling sexual myths; question and answer format provides framework for discussion of changes brought in boys and girls by puberty, in sexual development, pregnancy, birth, birth control, venereal disease, feelings in general toward family, opposite sex, oneself; factual and realistic, yet also reassuring, comforting to those who are lagging behind their age group in physical development or who feel guilty about their thougnts and feelings; good introduction to sex education; useful resource for teachers; diagrams of male and female organs, egg, sperm, embryo

Mollen, Art, Dr. RUN FOR YOUR LIFE. Dolphin, 1978. 154 p. $4.95 paper. Grades 7-12

Excellent introduction to the sport, avocation, and therapy of running in informal writing style carrying the reader rapidly along; discusses medical and emotional reasons for running, problems of getting started, resulting physical changes, plateaus, psychological results that every runner experiences; advises on practical problems, such as dress, running courses, the problem of avoidance, running diets; includes chapter of typical questions and answers, two appendices that summarize information explained in earlier chapters; brief but excellent introduction to the art and science of running

Musick, Phil. THE TONY DORSETT STORY. Described on Biography Advisory List

Nourse, Alan E. CLEAR SKIN, HEALTHY SKIN. Watts, 1976. 61 p. $4.33. Grades 7-12

Simple, sensible approach to skin problems, briefly explaining some causes and suggesting ways of preventing, controlling them; author's sensitive understanding and clear, direct style will appeal to young people vitally concerned with topic; cartoon drawings and carefully labeled diagrams add humor and interest; bibliography, index

O'Conner, Dick. RICK BARRY: BASKETBALL ACE. Described on Biography Advisory List

Olney, Ross R. AUTO RACING'S YOUNG LIONS. Described on Biography Advisory List

Phillips, Betty Lou. CHRIS EVERT: FIRST LADY OF TENNIS. Described on Biography Advisory List

Peper, George. SCRAMBLING GOLF: HOW TO GET OUT OF TROUBLE AND INTO THE CUP. Prentice, 1977. 175 p. $8.95. Grades 7-12

Instructions for amateur golfers who find themselves in tough positions on the course--behind trees, in sand traps, playing uphill, downhill, many more; numerous photographs illustrate correct club, stroke, body position, hand grip; beginning golfers will appreciate author's direct style and obvious experience

Powers, Bill. FLYING HIGH. Watts, 1978. 48 p. $5.90. Grades 3-5

Photo-essay on girls' gymnastics showing various positions and apparatus and explaining terminology; written in story form, following one girl's training, weaknesses, defeat, eventual victory, to show qualities needed to win--talent, determination, hard work, ability to relax; full-page, instructive color photographs (all girls), large print, generous spacing, important vocabulary words introduced in dark print and defined at bottom of specific page, and a glossary; attractive, instructive introduction to a popular sport (Caldwell County)

Rubin, Robert. TY COBB: THE GREATEST. Described on Biography Advisory List

Sabin, Francene. JIMMY CONNORS: KING OF THE COURTS. Described on Biography Advisory List

Stern, Don. BACKGAMMON. Watts, 1977. 84 p. $4.47. Grades 7-12

Indexed rules and do's and don'ts on playing backgammon for young readers who want to learn the game; answers questions, explains positions, lays out strategies, offers insights into a complex game; invaluable for highly motivated beginners or slightly experienced players trying to improve; numerous black-and-white diagrams clarify explanations; includes helpful index

Sullivan, George. BERT JONES: BORN TO PLAY FOOTBALL. Described on Biography Advisory List

Sullivan, George. BETTER ICE SKATING FOR BOYS AND GIRLS. Dodd, 1976. 64 p. $4.95. Grades 4-9

Over 100 black-and-white photos and diagrams add a good visual dimension to text on ice skating techniques, forms, free skating, pair skating, ice dancing, competitive figure skating, plus sections on proper equipment; photos of girls dominate; easy text; purchase if demand justifies

Books in a Series

O'Reilly, Sean. EARLY SPORTS BOOKS: BASKETBALL (4 titles). Described on Biography Advisory List

Paige, David. ILLUSTRATED SPORTS ALMANACS. Childrens, 1977. each $5.95. Grades 7-12

PRO BASEBALL ALMANAC. 48 p.
PRO BASKETBALL ALMANAC. 40 p.
PRO FOOTBALL ALMANAC. 48 p.
TRACK AND FIELD ALMANAC. 48 p.

Sports statistics--most games won, most shut-outs, greatest receivers, etc.--in high-interest/low-vocabulary format for "reluctant" readers on secondary level; full-page, flashy photos of sports greats in each of the four games; straight statistics, no text per se; easily digested; good print; favorite teams and heroes well represented

STOEGER SPORTSMAN'S LIBRARY. Stoeger, 1975. (Available from Follett). each $3.97 paper. Grades 9-12

Bauer, Erwin A. CROSS-COUNTRY SKIING AND SHOEMOEING. 210 p.
Dunaway, Vic. MODERN SALTWATER FISHING. 286 p.
Fallon, Jack. ALL ABOUT SURF FISHING. 288 p.
Gerlach, Rex. THE COMPLETE BOOK OF CASTING. 203 p.
Martenhoff, Jim. THE POWERBOAT HANDBOOK. 262 p.

Good information on outdoor recreations popular in North Carolina in comprehensive coverage of water sports, plus one title on cross-country skiing, which is gaining interest with patronage of increasingly popular ski resorts in western North Carolina; all the facts on history of each recreation, proper equipment and attire, special skills and techniques, best locations for enjoying each, coping with sports-related emergencies and problems, general safety tips--all of it's here; also, good black-and-white photos, drawings, diagrams; easy-to-read format, wide margins, good print, and text frequently broken by interesting paragraph headings; informal style conveys enthusiasm for each sport and each writer's expertise; indexed; colorful book jackets are book baits themselves; singular weakness in the series is poor binding which will not hold up through much circulation

THE SUPERSTARS (3 titles). Described on Biography Advisory List

BOOKS FOR TEACHER USE

The American National Red Cross. ADAPTED AQUATICS: SWIMMING FOR PERSONS WITH PHYSICAL OR MENTAL IMPAIRMENTS. Doubleday, 1977. 254 p. $3.95 paper

Designed to help qualified water safety instructors develop and implement programs for handicapped students; covers all aspects of program organization, various types of handicaps, including specific problems such handicaps present in water, and numerous ways of extending program into areas such as competition, group activities, and boating; good illustrations supplemented with excellent photographs

Green, Martin I. A SIGH OF RELIEF: THE FIRST-AID HANDBOOK FOR CHILDHOOD EMERGENCIES. Bantam, 1977. 199 p. $6.95 paper

Excellent resource for K-6 teachers or other school personnel, much more interesting and helpful than typical first aid manual--e.g., one-third of book is devoted to preventing problems; graphic illustrations and charts combine with clear, terse text to make a useful emergency reference and learning text

Ryan, Frank. GYMNASTICS FOR GIRLS. Viking, 1976. 433 p. $12.50. Also available from Penguin for $7.95 paper

Described on September 1977 Health, Safety, and Physical Education Advisory List

BOOKS (REFERENCE)

Fishbein, Morris, M.D. MODERN HOME DICTIONARY OF MEDICAL WORDS: WITH DESCRIPTIONS, USES, AND STANDARDS OF COMMONLY USED TESTS. Described on Reference Books Advisory List

Menke, Frank G. THE ENCYCLOPEDIA OF SPORTS. 6th rev. ed. Described on Reference Books Advisory List

BOOKS (SUPPLEMENTARY TEXTS)

The Center for Safety, New York University. DRIVER EDUCATION AND TRAFFIC SAFETY. 2nd ed. Prentice, 1976. 342 p. $9. $5.64 paper. student guide $4.88. teacher's guide $2.49. Grades 9-12

Revised edition of a driver's education text puts additional emphasis on knowledge, skills, and attitudes needed for safe movement of the vehicle; also introduces the metric system in driving and discusses problems of alcohol, drugs, ecology, and pollution

BOOKS REVIEWED IN OTHER SOURCES

The books listed below have received favorable reviews in one or more of the following reviewing sources. Code letters for the reviewing sources are cited after the bibliographic entry for each title. The reviewing sources and their code letters are as follows:

AMERICAN LIBRARIES	AL
BOOK REVIEW DIGEST	BRD
BOOKLIST	BKL
BULLETIN OF THE CENTER FOR CHILDREN'S BOOKS	BCCB
CHILDREN'S BOOK REVIEW SERVICE	CBRS
CHOICE	C
HORN BOOK	HB
KIRKUS REVIEWS	KR
LIBRARY JOURNAL	LJ
NEW YORK TIMES BOOK REVIEW	NYTBR
PUBLISHERS WEEKLY	PW
SCHOOL LIBRARY JOURNAL	SLJ
SCIENCE BOOKS AND FILMS	SBF
TOP OF THE NEWS	TN
WILSON LIBRARY BULLETIN	WLB

An asterisk after the code letters for the reviewing source indicates that the title was highly recommended in that particular reviewing source.

Arnold, Richard. BETTER ROLLER SKATING: THE KEY TO IMPROVED PERFORMANCE. Sterling, 1977. 93 p. $5.69. Grades 5-9. LJ SLJ

Braden, Vic, and Bill Bruns. VIC BRADEN'S TENNIS FOR THE FUTURE. Little, 1977. 274 p. $12.95. Grades 10-12. SLJ

Campbell, Gail. MARATHON: THE WORLD OF THE LONG-DISTANCE ATHLETE. Sterling, 1977. 176 p. $7.89. Grades 10-12. C SLJ

Clark, Steve. ILLUSTRATED BASKETBALL DICTIONARY FOR YOUNG PEOPLE. Harvey House, 1977. 125 p. $5.89. Also available from Prentice for $1.95 paper. Grades 3-6. BKL SLJ

Conaway, Judith. GREAT INDOOR GAMES FROM TRASH AND OTHER THINGS. Childrens, 1977. 47 p. $4.95. Grades 2-5. BKL SLJ

Conaway, Judith. GREAT OUTDOOR GAMES FROM TRASH AND OTHER THINGS. Childrens, 1977. 47 p. $4.95. Grades 2-5. BKL SLJ

Consumer Guide Editors. THRILL SPORTS CATALOG. Dutton, 1977. 192 p. $6.95 paper. Grades 9-12 BKL

Coombs, Charles. BE A WINNER IN SKIING. Morrow, 1977. 127 p. $5.49. Grades 5-8. BKL SLJ

Dickmeyer, Lowell A. BASEBALL IS FOR ME. Lerner, 1978. 48 p. $5.95. Grades 2-5. BKL

Dickmeyer, Lowell A. SOCCER IS FOR ME. Lerner, 1978. 48 p. 5.95. Grades 2-5. BKL

Dickmeyer, Lowell A., and Annette Jo Chappell. TENNIS IS FOR ME. Lerner, 1978. 48 p. $5.95. Grades 2-5. BKL

DiNoto, Andrea. ANYTIME, ANYWHERE, ANYBODY GAMES. Golden, 1977. 48 p. $4.95. Grades 3-6. SLJ

Edmonds, I. G. MOTORCYCLE RACING FOR BEGINNERS. Holt, 1977. 191 p. $6.95. Grades 6-10. BKL KR SLJ

Glover, Bob, and Jack Shepherd. THE RUNNER'S HANDBOOK: A COMPLETE FITNESS GUIDE FOR MEN AND WOMEN ON THE RUN. Penguin, 1978. 416 p. $3.95 paper. Teacher use. LJ PW

Gutman, Bill. GREAT BASEBALL STORIES: TODAY AND YESTERDAY. Messner, 1978. 191 p. $7.79. Grades 5-10. BKL SLJ

Hines, Harry, with Carol Morgenstern. QUICK TENNIS. Dutton, 1977. 113 p. $4.95 paper. Grades 10-12. BKL

Jacobs, Karen Folger. GIRLSPORTS. Bantam, 1978. 180 p. $1.50 paper. Grades 5-12. SLJ

Kalb, Jonah. THE EASY HOCKEY BOOK. Houghton, 1977. 64 p. $5.95. Grades 3-6. BCCB BKL* KR SLJ

Landau, Elaine. YOGA FOR YOU. Messner, 1977. 125 p. $6.64. Grades 7-10. BKL KR SLJ

Lorimer, Larry, and John Devaney. THE FOOTBALL BOOK. Random, 1977. 160 p. $5.99. Grades 5-10. BKL KR SLJ

Marusyn, Walt, et al. TRACK AND FIELD: THE SPORTS PLAYBOOK. Doubleday, 1978. 172 p. $3.50 paper. Grades 10-12. BKL

Nakayama, M. BEST KARATE 1: COMPREHENSIVE. Kodansha, 1977. (Available from Harper.) 144 p. $5.95 paper. Teacher use. C

Olney, Ross R., and Chan Bush. BETTER SKATEBOARDING FOR BOYS AND GIRLS. Dodd, 1977. 63 p. $4.95. Grades 5-8. BKL KR NYTBR SLJ

Olney, Ross R. MODERN RACING CARS. Dutton, 1978. 112 p. $8.95. Grades 5-8. SLJ

Olney, Ross R. THIS GAME CALLED HOCKEY: GREAT MOMENTS IN THE WORLD'S FASTEST TEAM SPORT. Dodd, 1978. 144 p. $5.95. Grades 4-8. KR SLJ

Orlick, Terry. THE COOPERATIVE SPORTS AND GAMES BOOK: CHALLENGE WITHOUT COMPETITION. Pantheon, 1978. 129 p. $3.95 paper. Teacher use. KR PW

Owens, Jesse. Edited by Dick O'Connor. TRACK AND FIELD. Atheneum, 1976. 120 p. $6.95. Grades 5-9. BKL SLJ

Oyama, Mas. MAS OYAMA'S ESSENTIAL KARATE. Sterling, 1978. 256 p. $13.29. Grades 10-12. BKL LJ SLJ

Parker, Kathryn. WE WON TODAY: MY SEASON WITH THE METS. Doubleday, 1977. 219 p. $6.95. Grades 6-12. KR NYTBR SLJ

Pfluger, A. KARATE KIAI!: PERFECTING YOUR POWER. Sterling, 1977. 160 p. $4.89. Grades 10-12. SLJ

Reese, Terence. BEGIN BRIDGE WITH REESE. Sterling, 1977. 128 p. $4.99. Grades 9-12. BKL SLJ

Ribner, Susan, and Dr. Richard Chin. THE MARTIAL ARTS. Harper, 1978. 181 p. $7.95. Grades 5-9. KR SLJ

Rosenberg, Arthur D. CHESS FOR CHILDREN AND THE YOUNG AT HEART. Atheneum, 1977. 150 p. $9.95. Grades 5-9. BKL

Roth, Bernhard A. THE COMPLETE BEGINNER'S GUIDE TO CANOEING. Doubleday, 1977. 213 p. $6.95. Grades 6-12. BKL SLJ

Savitz, Harriet May. WHEELCHAIR CHAMPIONS: A HISTORY OF WHEELCHAIR SPORTS. Crowell, 1978. 117 p. $7.79. Grades 5-10. BKL KR SLJ

Scagnetti, Jack. BICYCLE MOTOCROSS. Dutton, 1976. 100 p. $6.95. Grades 7-10. BKL SLJ

Seixas, Judith S. ALCOHOL--WHAT IT IS, WHAT IT DOES. Greenwillow, 1977. 56 p. $5.21. Grades 1-3. BKL KR SLJ

Sharpe, Roger C. PINBALL! Dutton, 1977. 190 p. $7.95 paper. Grades 10-12. BKL PW SLJ

Smith, Don, with Anne Marie Mueser. HOW SPORTS BEGAN. Watts, 1977. 89 p. $5.90. Grades 6-9. BKL SLJ

Sullivan, George. BETTER GYMNASTICS FOR GIRLS. Dodd, 1977. 62 p. $5.95. Grades 6-10. BKL HB KR SLJ

Sullivan, George. HOME RUN! Dodd, 1977. 127 p. $5.95. Grades 6-12. BKL SLJ

Sullivan, George. THIS IS PRO BASKETBALL. Dodd, 1977. 118 p. $6.50. Grades 5-12. BKL KR SLJ

Tretyak, Vladislav, with V. Snegirev. Translated by Anatole Konstantin. THE HOCKEY I LOVE. Lawrence Hill, 1977. 189 p. $7.50. Grades 10-12. SLJ

Waters, John F. FISHING. Watts, 1978. 66 p. $4.90. Grades 4-6. BKL SLJ

Zafferano, George J. HANDBALL BASICS. Sterling, 1977. 192 p. $6.89. Grades 10-12. BKL C

FILMS (16MM)

AUTO ACCIDENT: WHAT TO DO AFTERWARD. BFA, 1977. 16mm. 10 min. sd. guide color $160. Grades 10-12

Clear, well-organized presentation of immediate, appropriate actions to take and those to avoid when an auto accident occurs; dramatization enhances seriousness of the event and potential problems without showing goriness; main ideas are summarized succinctly at film's end; convincing acting, clear audio, good camera work add to instruction; for introduction or summary in driver's education

BICYCLE SAFETY: THE RULES OF THE ROAD. Centron, 1976. 16mm. 12 min. sd. guide color $200. Grades K-9

Illustrates all phases of bicycle safety: checking equipment (e.g., tires, brakes), obeying rules, recognizing hazards, riding on rural roads, dressing appropriately; helpful teacher's manual outlines related activities

DEFENSIVE DRIVING TACTICS. 2nd ed. AIMS, 1977. 16mm. 18 min. sd. guide color $245. Grades 9-12

Film uses a 23-mile National Safety Council test drive with two drivers at the wheels of their cars in Washington, D. C., to demonstrate that in the one-hour-plus time it takes each driver to reach the same destination, the aggressive, heedless driver arrives only two minutes ahead of the defensive driver and manages to commit 78 infractions of road laws in the process; impressive footage which actually demonstrates defensive driving tactics; fine, bright color; authentic scenes; excellent articulation of reasons for, and fallacy in, aggressive driving; not preachy

DEMON ALCOHOL. AIMS, 1976. 16mm. 5 min. sd. color $135. Grades 8-12

Five-minute, sophisticated film dealing with consequences of alcoholism--loss of family, friends, money, total degradation; cartoon characters are delightful--even the "evil floozy"--reminiscent of Garry Trudeau's DOONESBURY comic strip people; dialogue is upbeat, entertaining, instructive; good animation; high interest; warns without moralizing; useful introduction to drug abuse

DRIVING TIPS TO AVOID ACCIDENTS. BFA, 1978. 16mm. 18 min. sd. guide color $270. Grades 9-12

Well-structured presentation on driver safety which covers instructions regarding unmarked intersections, intersections with stop signs, traffic lights, freeway driving, passing, undivided rural roads, and attitudes important for safe driving; two-minute review of concepts at end of film could be effectively used as a quiz by turning off projector after each point; well photographed and interesting

ELECTRICAL SAFETY. Centron, 1976. 16mm. 13 min. sd. guide color $200. Grades K-9

Centers on five rules for using electricity safely, each demonstrated by young people and often lightened by appropriate humor; stresses dry electrical items on dry surfaces, fixing or replacing faulty appliances promptly, checking for Underwriters Laboratories (UL) label before buying, always reading and following manufacturers' directions, and watching out for potential electrical hazards--overloaded outlets, broken power lines; appealing and instructional

EMERGENCIES--WHAT WOULD YOU DO? AIMS, 1978. 16mm. 10 min. sd. guide color $170. Grades K-5

Promotes concept of thinking ahead of emergencies for benefit of youngest student audiences; shows people reacting calmly to emergencies--water accident, poisoning, cuts, broken bones, fires in the home; requires discussion before and after presentation to be effective; a great deal of verbal information which does not always have the best visual support; a review of basic information concludes film; most useful when presented within a unit

EXERCISES FOR THE TRACK AND FIELD ATHLETE. AIMS, 1977. 16mm. 15 min. sd. guide color $230. Grades 7-12

Catalog of exercises to increase speed, endurance, and strength; includes stretches, running exercises, use of weights; exercises grouped by track event; as some exercises can be used for more than one track event, the same exercises repeat several times; not a how-to guide, merely a motion illustration of types of exercises; limited, but potentially useful

FIRE EXTINGUISHERS AND SMOKE DETECTORS. Handel, 1977. 16mm. 18 min. sd. color $260. Grades 6-12

Nicely handled presentation on importance of fire extinguishers and smoke detectors in the home; reviews four stages of fires--incipient (heat build-up), smoke (cause of most fire-related deaths), flame, and high heat--stressing that most fires occur from 12:00 A.M. to 6:00 A.M. while people sleep, enabling first two stages a deadly headstart; shows and describes various types of smoke detectors and fire extinguishers, such as power dependent and battery operated, those that signal with noise, others with noise and lights; excellent coverage of four classifications of fires, kinds of extinguishers necessary for each--e.g., water, oxygen quenchers, non-electrical conductors; dramatizations with voice-over illustrate dangers and correct use of home fire emergency equipment; vivid color; useful with adult and P.T.A. groups and in many subject areas

FIRST AID FOR CHILDREN: "I CAN DO IT MYSELF." Paramount, 1978. 16mm. 11 min. sd. guide color $175. Grades 3-6

Useful and informative film, divided into six short segments: skinned arm, cut finger, nose bleed, black eye, blister, and bee sting; each segment instructs the child on what he can do if and when he gets hurt; emphasis is on seeking adult help; brief summary concludes instruction with repeat of each first aid measure; also stresses that child not keep accident a secret, know where parents are, etc. (Note: This film is listed in Paramount's 1978 16mm catalog as FIRST AID FOR PRIMARY.)

FIRST AID FOR LITTLE PEOPLE. Higgins, 1977. 16mm. 11 min. sd. guide color $160. Grades K-3

Practical first aid advice for pre-schoolers and early grades in simple explanations, demonstrations of how to administer emergency treatment for a cut, nose bleed, burn, broken bone, eye injury, other accidents, always with emphasis on finding an adult; also instructs young viewers in use of telephone to get emergency help; direct without being alarming; excellent content

HOME SAFETY: IT'S UP TO YOU. Centron, 1976. 16mm. 12 min. sd. guide color $200. Grades K-6

Each room of the typical home poses potential harm as demonstrated by narrator, who walks from room to room identifying existing dangers--overloaded circuits, toys left in the way, large plastic bags, houseplants, medicines, potential grease fires, poisons; detailed information; useful with K-6 students, P.T.A.'s, other groups

THE JUNK FOOD MAN. AIMS, 1977. 16mm. 11 min. sd. guide color $185. Grades 2-5

Animated film using children's drawings and rhymes to present nutritional information on evils of junk food and preservatives and additives; although film points out that some preservatives are known to be bad and others only suspected, it fails to deal with need for some preservatives to increase world food supply; good segments on foods needed in a balanced diet, nutritional value of good food, healthful snacks versus junk food offered by Cyril McTreat, "the Junk Man"; useful introduction to unit on nutrition

MUGGING--YOU CAN PROTECT YOURSELF. Learning Corp., 1977. 16mm. 31 min. sd. guide color $395. Grades 6-12

Preventive tactics and defensive measures demonstrated in excellent presentation of educational program designed by Officer Liddon Griffith, 14-year-veteran of New York Police Department, to help potential mugging victims of all ages; Griffith drills survival techniques to a class of senior citizens, middle-aged persons, and children, involving class members in simulated situations; a quality production, integrating substance with humor and poignancy. This film should be viewed by every man, woman, and child.

NUTRITION: FUELING THE HUMAN MACHINE. BFA, 1978. 16mm. 18 min. sd. guide color $280. Grades 10-12

Chock full of nutrition information, containing most material often covered in entire semester nutrition course; explains importance of food for body energy and building new cells; describes carbohydrates, protein, minerals, others needed by body, and four food groups; warns of dangers of refined sugar, highly processed foods; attempts to illustrate hard to visualize subjects; includes crowd pleasing scenes of burping, surfing, frisbie throwing; useful as overview only; in-depth study needs individual treatment of each topic covered

PLAYGROUND SAFETY--AS SIMPLE AS A, B, C. Centron, 1976. 16mm. 14 min. sd. guide color $230. Grades K-6

Basic safety information concerning playground equipment and concepts; many practical examples demonstrate essentials of avoiding unsafe playground behavior, being safety minded, practicing courtesy, and doing one's part to make play areas safer--the ABCD of playground fun and safety

POISON PREVENTION FOR PRIMARY. Paramount, 1978. 16mm. 12 min. sd. guide color $175. Grades K-2

Danny and playmate Marsha find an empty bottle and believe Danny's sister Stacey has swallowed some poison; when Danny's father and the kids take Stacey to the doctor, they discover the bottle contained only cough medicine, but to be safe the three decide to poison-proof the house; stresses basic first aid and preventive measures to avoid poisoning; characters tend to preach rather than act; didactic, repetitive, but students get message

POISONING BY ACCIDENT. Paramount, 1977. 16mm. 15 min. sd. guide color $280. Grades 7-12

What to do and what to look for with poisoning victims; describes step-by-step life-saving techniques and preventive measures to avoid poisoning, such as locking up medicines and household cleaning fluids, ventilating properly when using toxic materials like paint remover; slow at first, but picks up and hammers home important points

PRIMARY SCHOOL BUS SAFETY. Centron, 1976. 16mm. 15 min. sd. guide color $240. Grades K-6

Well-done school bus safety presentation which includes pedestrian safety as children go to and from bus stop and precautions while riding and exiting bus; emphasizes "safety circle" concept that puts responsibility on students to keep an eye on their surroundings to keep the "safety circle" safe; points out that safe habits learned early will make better automobile drivers in the future; useful resource for comprehensive unit on general safety or traffic safety

RACQUETBALL: MOVING FAST. BFA, 1978. 16mm. 15 min. sd. guide color $225. Grades 7-12

Two racquetball professionals effectively describe and demonstrate basics of the sport; through actual play in a court, slow motion film, and graphic illustrations, they demonstrate basic rules, game sequence, scoring, techniques such as serve, forehand, backhand; excellent introduction for any audience

READ THE LABEL--AND LIVE! 2nd ed. Higgins, 1977. 16mm. 13 min. sd. guide color $195. Grades 4-12

Graphic, no-nonsense depiction of hazards in ignoring label directions on foods, flammable products, poisons, medicines; compares label cautions to road signs warning motorists; unflinching presentation that employs scare tactics; preview before purchase

A RUN FOR YOUR MONEY. Described on Vocational Education Advisory List

SCHOOL BUS DRIVING: SPECIAL EDUCATION TRANSPORTATION. AIMS, 1978. 16mm. 15 min. sd. color $230. Grades 11-12

Sensitive film expressing physical and emotional needs of handicapped children--blind, deaf, lame, palsied, epileptic, retarded--and the special kind of person needed to serve as their bus driver; dramatizes the central place the driver occupies in children's lives and lives of their families; emphasizes importance of establishing a third-family atmosphere on bus; excellent for instructing potential special education drivers on physical, mental, emotional qualities needed; discussion questions and synopsis on a one-sheet teacher's guide

SKATEBOARD RIDING TACTICS. AIMS, 1978. 16mm. 15 min. sd. guide color $245. Grades 3-9

Looks at new sport that has had little promotion of skills or safety features; interest in film may be restricted to urban areas where skateboard parks flourish, but content deals with safety techniques for street, sidewalk, elsewhere, as well as parks; beautiful visually; good musical background (Wake County)

SOCCER EXERCISES AND TACTICS FOR EVERYONE. AIMS, 1976. 16mm. 20 min. sd. guide color $295. Grades 6-12

Offers sequential training exercises and pre-game drills, simple to understand and carry out; much needed instructional film to assist inexperienced soccer teams and novice coaches in a sport relatively young in North Carolina; guide provides vocabulary drill, review questions

SOCCER FUNDAMENTALS FOR EVERYONE. AIMS, 1976. 16mm. 12 min. sd. guide color $190. Grades 2-12

Introduction to an increasingly popular sport intended to explain basic movements and plays to young children or to beginning high school players; moves slowly at times and fails to communicate game's excitement, but is a sound instructional film; good racial and sexual balance--over half the players are girls; clear, pleasant narration

TAILGATING: HOW CLOSE IS TOO CLOSE? AIMS, 1976. 16mm. 11 min. sd. guide color $190. Grades 9-10

Animated film on hazards of tailgaiting and tips on how to avoid it; solid content which illustrates how reaction distance and breaking distance increase with speed and various conditions of driver, vehicle, road, weather; excellent demonstration of the "two-second" rule enabling drivers to know when they're following too closely

TRACK AND FIELD FOR BOYS AND GIRLS: FIELD EVENTS. AIMS, 1976. 16mm. sd. guide color $240. Grades 7-12

Demonstrates techniques of high jump--scissor, roll jump, Fosbury Flop, pole vault, long jump-float, hang and hitch kick, triple jump, short put; frequently uses slow motion and freeze frame to illustrate skills, repeating them several times; portrays both female and male athletes; basic information helpful to analyze individual motions

TRACK AND FIELD FOR BOYS AND GIRLS: RUNNING EVENTS. AIMS, 1976. 16mm. 17 min. sd. guide color $255. Grades 7-12

Fundamentals of track events--dashes, distance running, hurdles, relays; details on skills necessary in each event; boys' and girls' teams depicted; slow motion and freeze frames capture techniques

TRAUMA CARE: A LIFE AT STAKE. AIMS, 1977. 16mm. 23 min. sd. guide color $345. Grades 7-12

Illustrates proper care for major forms of trauma: stab wounds, bone fractures (including spinal injury), severe bleeding, and burn injury; treatments demonstrated are for shock, bleeding, absence of heart beat, lack of breathing; best used as introduction or summary of a unit in health or first aid on treatment of persons suffering traumatic wounds; an additional plus for this film is the discussion of some traditional methods of treatment for traumatic wounds that may in fact actually be harmful to the victim, as well as common mistakes often made; realistic illustrations of accident scenes

VD: OLD BUGS, NEW PROBLEMS. Higgins, 1977. 16mm. 20 min. sd. guide color $300. Grades 7-12

Discusses all "sexually transmitted diseases," their symptoms, incubation periods, methods of contact, etc.; strives to get away from catch-all term "V.D." associated chiefly with syphilis and gonorrhea and emphasize other sexually contracted diseases such as Herpes Simplex Types I and II, monilia, crabs, scabies; depicts young people in real-life situations discussing various diseases, posing questions, giving misinformation and myths, followed by comments, correct information from medical personnel; current, vital information in credible format

VD: PREVENT IT. Rev. ed. Higgins, 1977. 16mm. 10 min. sd. guide color $180. Grades 9-12

Objective, nonjudgmental information on "sexually transmitted diseases"--gonorrhea, syphilis, Herpes simplex, crabs, others; main focus of information centered on concept of individual responsibility, misconceptions people have about "STD's," and truth of the matter; ways of preventing communication of diseases listed; disease symptoms are outlined and viewers encouraged to take responsible action in addition to getting medical help; many suggestions for teen-agers on how and where to get help; well-structured, clear presentation; no nudity

FIRST AID FOR CHILDREN: THE BLOODY NOSE. Paramount, 1978. 1 color filmstrip, 1 cassette tape, guide $26.50. Grades 4-6

Note: See publisher's literature for additional titles.

Gives important steps for children to follow when they suffer a nosebleed; emphasizes urgency of children's informing adults of injury; narrated by adult and children; color photographs illustrate how young boy gets a nosebleed and treats it on the playground; graphics show anatomy of nose after initial presentation of first aid procedure; repeats entire sequence for emphasis; multiracial; other titles in series are FALLS AND CUTS, BLACK EYES AND BLISTERS, and THE BEE STING; guide contains synopsis of each strip, concepts for students, behavioral objectives, vocabulary, other activities

THE FIRST AID SERIES. Guidance Assocs., 1977. 6 sets each containing 1 color filmstrip, 1 cassette tape, guide each $28.95. each with disc recordings $28.95. Grades 6-12

Titles: AN INTRODUCTION; BLEEDING AND WOUNDS; BURNS, POISONS, EXPOSURE; RESUSCITATION TECHNIQUES; SUDDEN ILLNESS; FRACTURES AND DISLOCATIONS

Six titles from a seven-title series devoted to first aid measures for injuries resulting in bleeding, burns, poison, heat stroke, frostbite, lack of breathing, sudden illnesses (heart attack, seizure, drug overdose, insulin shock, internal bleeding, other), and closed fractures, dislocations, sprains, strains; although each strip covers necessary background information (e.g., basic physiology of circulatory system), each centers on step-by-step demonstrations of key symptoms, how to recognize them, and close-up photos of first aid techniques; introductory filmstrip covers basic principles applicable to any emergency, as well as available training; each filmstrip emphasizes importance of recognizing emergency, applying correct first aid methods demonstrated, remaining calm and reassuring; excellent color photography; practical information in concise "how-to" narrative; comprehensive teacher's guides are real plus; see publisher's literature for other title in series

GOOD NUTRITION...GOOD FOR YOU! Troll, 1977. 6 color filmstrips, 6 cassette tapes $96. Grades 2-6

Titles: BASIC NUTRIENTS IN FOOD; FRUIT AND VEGETABLES FOR GOOD HEALTH; DAIRY FOODS FOR GROWTH AND DEVELOPMENT; PROTEIN PLUS...MEAT, FISH AND EGGS; BREAD AND CEREAL IN YOUR DIET; FOOD FOR EVERYONE

Informative program emphasizing importance of good nutrition and balanced diet; excellent visuals featuring colorful photographs, clear diagrams, and important terms printed in large letters as they are discussed; pleasant narration explains each point carefully; includes some discussion on food preservation, food shortages, undernourished children, wasted food, overeating, junk foods, balance between calories and energy expenditure; sound instruction to help children develop healthy eating habits

HEALTH: LET'S BEGIN. Guidance Assocs., 1978. $169.50. with disc recordings $169.50. Grades 1-3
EXERCISE AND REST. 1 box containing 1 color filmstrip, 1 cassette tape, guide $27.75. with disc recordings $27.75
GOOD HABITS; NUTRITION; SAFETY. 3 boxes each containing 2 color filmstrips, 2 cassette tapes, guide $52.50. with disc recordings $52.50.

Highly attractive introductory program on health topics for Grades 1-3, combining superior color photo frames, lively background music, and interesting narration on the body's need for rest and exercise, well-balanced diet, cleanliness, good health habits, and safe conduct at home, school, and play; children's voices add vigor and interest as they discuss each topic with adult narrator; many racial backgrounds depicted in children-filled photos; nonsexist--fathers cook, too; nicely correlates human needs with that of other life forms, often introducing topics such as cleanliness by pointing out how familiar animals (cats) clean themselves and each other, then relating the same idea to human beings; covers the four food groups especially well; excellent multiracial presentation; follow-up activities and questions appear on concluding frames of each filmstrip

HOW TO SAVE A CHOKING VICTIM: THE HEIMLICH MANEUVER. Paramount, 1977. 1 color filmstrip, 1 cassette tape, guide $26.50. Grades 4-12
Note: See publisher's literature for additional titles.

Excellent program demonstrating Heimlich method of assisting choking victims; dramatizes real-life situation in which one girl's quick action saves a young man; diagrams illustrate choking process and color photos illustrate each step of Heimlich procedure; well-paced narration carefully explains each step; provides summaries of important points; cautions viewers to distinguish between choking and heart attack, demonstrates hand signal to indicate choking, offers clues to recognize choking victims, emphasizes what not to do, drives home need for immediate action--four minutes to live; leader's manual includes script, suggests reinforcement activities, offers clear diagrams and instructions demonstrating technique, and lists bibliography; well-done program vital for every child and adult

LEARNING ABOUT THE HUMAN BODY. United Learning, 1976. 6 color filmstrips, 6 cassette tapes, guide $85. Grades 4-6
Titles: VISION; HEARING; SMELL, TASTE AND TOUCH; THE MUSCULAR SYSTEM; THE SKELETAL SYSTEM; THE TEETH

Basic information about parts and functions of the body; excellent visuals featuring clearly labeled diagrams and color photos show children of different races in non-sexist roles--e.g., girl cutting grass, boy vacuuming rug; slow, deliberately paced (at times tedious) narration carefully guides students through each lesson; guide provides objectives and discussion questions

NATURAL DISASTERS AND WHAT TO DO. McGraw-Hill Films, 1976. 4 color filmstrips, 4 cassette tapes, guide $76. with disc recordings $76. Grades 4-9
Titles: EARTHQUAKES; FLOODS; HURRICANES; TORNADOES

Clear, step-by-step procedures to take when confronted with any of four natural disasters in order to reduce or eliminate loss of life and property damage; shows how earthquakes, floods, hurricanes, tornadoes occur and resulting damage; possible use for science enrichment; more appropriately used in health and safety or social studies classes; manual with convenient checklist for student reference

NUTRITION FOR YOUNG PEOPLE. Guidance Assocs., 1978. 2 units each containing 1 color filmstrip, 1 cassette tape, guide each $28.95. each with disc recording $28.95. Grades 5-9
Titles: VITAMINS AND MINERALS; FOOD: FROM SOURCE TO YOU

Good information on nutrition in two titles from a series; VITAMINS AND MINERALS examines health functions of major vitamins and body minerals, emphasizing body's need for varied, balanced diet; also takes a look at contribution of medical research to understanding how vitamins promote growth and prevent disease; FOOD: FROM SOURCE TO YOU shows how food becomes the meal on our plate--soil, climate, modern production, additives used for preservation, why additives have stirred concern and alarm, and how food travels from farm to plate; FOOD, etc., could serve equally well in social studies units; thorough teacher's guides

PEDAL POWER. Coronet, 1977. 4 color filmstrips, two 12" disc recordings 33 1/3 rpm, guide $69. with 4 cassette tapes $69. Grades 3-6
Titles: FEARLESS FLYER ON WHEELS (CHECKOUT BEFORE RIDING); SAM IN THE SADDLE (TESTING SKILLS); WHEELS FOR A GETAWAY (RULES OF THE ROAD); THE WIZARD OF TREACHEROUS TRAIL (EXPECTING THE UNEXPECTED)

Comic book characters in highly fictitious settings demonstrate rules and hazards of bicycle riding in filmstrips covering different aspects of safety with different characters; good audio quality featuring strong voices (take-offs on voices children will recognize), amusing background music, sound effects, and clear instruction, all appealing greatly to younger children--one sequence resembles Batman and Robin with appropriate suspense music; pen and watercolor scenes are simple, colorful, amusing; little repetition; lacks a review of rules at the end of each filmstrip which would have been helpful; purchase if budget permits; certainly a painless lesson in bike do's and don'ts for young audiences

THE PHYSIOLOGY OF EXERCISE. Sunburst, 1976. 2 color filmstrips, 2 cassette tapes, guide $59. with disc recordings $59. Grades 9-12
Titles: THE PHYSIOLOGY OF EXERCISE; YOUR EXERCISE PROGRAM

Excellent program on importance of regular, vigorous exercise for maintenance of healthy cardiovascular system and overall physical fitness; emphasizes modern, sedentary society's need for stamina training (aerobics) exercises--e.g., swimming, jogging, biking, jumping rope--to increase cardiovascular fitness, muscle strength, flexibility; warns that such popular sports as golfing, skiing, bowling, though beneficial, cannot provide the healthy stress (not strain) required for optimum cardiovascular conditioning; proper emphasis on careful regimen of exercise--beginning slowly and steadily, building to target zone intensity, warming up, cooling off, being regular, observing proper diet, checking with physician; good color photos, diagrams; males and females in many settings

SCOOBY-DOO AND THE SIGNS OF THE TIMES. Barr, 1978. 1 color filmstrip, 1 cassette tape, guide $24. Grades 1-3

Saturday morning Hanna-Barbera fans will be right at home with cartoon presentation on new international highway signs and road signs being posted in U. S. cities, open country, national parks; Velma, Shaggy, and Scooby-Doo visit Rocky Mountain National Park in Colorado and test their recognition of each symbolic sign as they pass it; young audiences will enjoy traveling with old Saturday A.M. television friends and participating in their instructional game; some

SCOOBY-DOO AND THE SIGNS OF THE TIMES. (Cont'd)

preliminary instruction needed to prepare students for new vocabulary ("urban," "merge," "regularity") and the rapid flashing of many differently shaped signs and pictorial messages; fast paced, colorful cartoon drawings, peppy music, familiar voices; helpful teacher's guide; good safety education material

YOUR HEALTHY BODY. Coronet, 1977. 6 color filmstrips, 6 cassette tapes, guide $105. with 3 disc recordings $105. Grades 2-5
Titles: KEEPING FIT; YOUR EYES; YOUR EARS; YOUR SKIN; YOUR TEETH; GUARDING AGAINST DISEASE

Colorful photos filled with children, pleasant narration, and familiar scenes are plusses in series presenting basic information on nutrition, exercise, rest, disease prevention, safety practices; introduces body functions, gives tips on maintaining good health; for younger audiences

KITS

SAFETY AND YOU. 6 color filmstrips, 3 cassette tapes, book of 16 duplicating masters, guide $83.50. with disc recordings $83.50. duplicating masters only $4.95. Clearvue, 1976. (Available from Stone's). Grades K-3
Titles: LITTLE RED RIDING HOOD (PEDESTRIAN SAFETY); THE GREAT RACE (BICYCLE SAFETY); THE BUNGLING BURGLERS (SAFETY IN THE HOME); THE CURSE OF THE GIANT (PLAY SAFETY); THE HAPPY BUS (SCHOOL BUS SAFETY); THE BALLAD OF BIG JOHN JONES (SUMMER SAFETY)

Six witty cartoon-type lessons emphasize areas where proper attitudes and safety precautions can prevent dangerous accidents; useful springboard for group discussion; duplicating masters not necessary--do not allow student creativity (e.g., coloring outlined pictures); for primary use only

Kits in a Series

FOOD...YOUR CHOICE: LEVELS I, II, III. Natl. Dairy Council, 1977. (Available from DFNC.) 3 boxes each containing 1 program overview, duplicating masters, nutrition charts, nutrition pamphlets, food models, posters, manipulative devices, guide $55.50. each $12.50. Grades K-6

Excellent resource for teachers on topic of nutrition in multimedia program distinguished by varied learning strategies making study of nutrition exciting and interesting to students; values clarification and decision-making activities dominate throughout; LEVEL I focuses on why we eat, what we eat, where food comes from, when and how much we eat; LEVEL II focuses on proper food, food comparison, food and life styles, food consequences; LEVEL III examines nutrients in food, factors that influence eating patterns, and food choices

SLIDE SETS (SOUND)

SIGNS, MARKINGS AND SIGNALS FOR BETTER DRIVING. Inst. Transportation, 1976. 1 box containing 102 color slides in 1 carousel cartridge, 1 cassette tape, guide $50. sound filmstrip format $35. Grades 9-12

Well-done, thorough presentation concerning road signs, road markings, and traffic signals using up-to-date uniform code and international signs; useful for students in driver education and traffic safety; appropriate for individual instruction and for small or large groups